











































5 km

| Pozycja | Trasa | Kat. / Poz. | [Nr] Nazwisko, Imie | Team | Czas | Strata | Tempo |
|---------|-------|-------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------|------------|-------------|-----------------|
| 1 | 5 km | M2/1 |  [224] PYTLARZ, Michał | | 0:18:13.29 | +0:00:00.00 | 03:38 min/km |
| 2 | 5 km | M1/1 |  [216] SIKORA, Szymon | NIEZRZESZONY | 0:18:47.86 | +0:00:34.57 | 03:45 min/km |
| 3 | 5 km | M2/2 |  [225] ŚLIŹ, Adam | AZS UR KRAKÓW | 0:19:00.97 | +0:00:47.68 | 03:48 min/km |
| 4 | 5 km | M2/3 |  [246] SZYMULA, Michał | SKORUPA TRIATHLON | 0:19:13.21 | +0:00:59.92 | 03:50 min/km |
| 5 | 5 km | M3/1 |  [230] GLAJCAR, Tomasz | | 0:20:01.21 | +0:01:47.92 | 04:00 min/km |
| 6 | 5 km | M2/4 |  [222] KRĘCICHWOST, Kamil | | 0:20:07.56 | +0:01:54.27 | 04:01 min/km |
| 7 | 5 km | K3/1 |  [212] LEWICKA, Elżbieta | NIESTOWARZYSZONY | 0:20:19.82 | +0:02:06.53 | 04:03 min/km |
| 8 | 5 km | M1/2 |  [215] KNYPS, Dawid | LKS POGÓRZE | 0:20:45.89 | +0:02:32.60 | 04:09 min/km |
| 9 | 5 km | M2/5 |  [223] MARIANEK, Jarosław | PORANNY BESKID RUN | 0:21:46.81 | +0:03:33.52 | 04:21 min/km |
| 10 | 5 km | K2/1 |  [206] TOMICA, Natalia | | 0:21:49.31 | +0:03:36.02 | 04:21 min/km |
| 11 | 5 km | M3/2 |  [235] STAJSZCZYK, Jarek | | 0:21:49.62 | +0:03:36.33 | 04:21 min/km |
| 12 | 5 km | M3/3 |  [227] CZECHOWSKI, Dariusz | | 0:21:52.24 | +0:03:38.95 | 04:22 min/km |
| 13 | 5 km | M4/1 |  [241] SZKLORZ, Sylwester | | 0:22:17.09 | +0:04:03.80 | 04:27 min/km |
| 14 | 5 km | K2/2 |  [207] WENGLORZ, Karolina | | 0:23:01.49 | +0:04:48.20 | 04:36 min/km |
| 15 | 5 km | M2/6 |  [244] CZECH, Maciej | | 0:23:41.78 | +0:05:28.49 | 04:44 min/km |
| 16 | 5 km | M2/7 |  [226] WIDENKA, Wojciech | | 0:23:43.60 | +0:05:30.31 | 04:44 min/km |
| 17 | 5 km | M2/8 |  [221] KAZIMIEROWICZ, Radosław | | 0:24:03.25 | +0:05:49.96 | 04:48 min/km |
| 18 | 5 km | M2/9 |  [220] FRANKE, Tomasz | STS BIEGATON MIKOŁÓW | 0:24:13.20 | +0:05:59.91 | 04:50 min/km |
| 19 | 5 km | K3/2 |  [209] KOPACZEWSKA-MARUCHNIAK, Agnieszka | | 0:24:17.75 | +0:06:04.46 | 04:51 min/km |
| 20 | 5 km | M4/2 |  [240] MILKOWSKI, Jan | BIEGACZ | 0:24:22.72 | +0:06:09.43 | 04:52 min/km |
| 21 | 5 km | K2/3 |  [245] TOMAS, Anna | | 0:24:28.71 | +0:06:15.42 | 04:53 min/km |
| 22 | 5 km | M2/10 |  [218] ĆWIEK, Filip | DEPORTIVO LA GOSUNHA | 0:25:14.60 | +0:07:01.31 | 05:02 min/km |
| 23 | 5 km | M3/4 |  [228] CZECHOWSKI, Dominik | | 0:25:32.68 | +0:07:19.39 | 05:06 min/km |
| 24 | 5 km | K2/4 |  [247] GANCARCZYK, Karolina | NIEZRZESZONA | 0:25:45.13 | +0:07:31.84 | 05:09 min/km |
| 25 | 5 km | K2/5 |  [202] BOCHENŃSKA, Sylwia | | 0:25:47.12 | +0:07:33.83 | 05:09 min/km |
| 26 | 5 km | M5/1 |  [243] GLANOWSKI, Zenon | FABRYKA MAZAKÓW | 0:25:50.68 | +0:07:37.39 | 05:10 min/km |
| 27 | 5 km | M2/11 |  [219] FISCHER, Jarosław | | 0:26:22.81 | +0:08:09.52 | 05:16 min/km |
| 28 | 5 km | K3/3 |  [208] GADEK, Katarzyna | | 0:26:36.66 | +0:08:23.37 | 05:19 min/km |

| | | | | | | | |
|----|------|-------|-------------------------------------------------------------------------------------------------------------|--------------------------------------|------------|-------------|-----------------|
| 29 | 5 km | K2/6 |  [204] KONSEK, Kasia | | 0:26:36.94 | +0:08:23.65 | 05:19 min/km |
| 30 | 5 km | K3/4 |  [214] PODLASEK, Patrycja | | 0:26:48.61 | +0:08:35.32 | 05:21 min/km |
| 31 | 5 km | M3/5 |  [229] CZYŻ, Stanisław | | 0:26:49.69 | +0:08:36.40 | 05:21 min/km |
| 32 | 5 km | K3/5 |  [210] KRUPA, Gabriela | BIEGIEM PRZEZ CHYBIE | 0:27:03.01 | +0:08:49.72 | 05:24 min/km |
| 33 | 5 km | M2/12 |  [217] ANTONCZYK, Radosław | | 0:27:37.19 | +0:09:23.90 | 05:31 min/km |
| 34 | 5 km | K3/6 |  [213] PIETRUSIAK, Dagmara | | 0:27:45.46 | +0:09:32.17 | 05:33 min/km |
| 35 | 5 km | M3/6 |  [234] PIETRZAK, Łukasz | | 0:28:09.52 | +0:09:56.23 | 05:37 min/km |
| 36 | 5 km | K2/7 |  [205] TOMICA, Justyna | | 0:28:22.18 | +0:10:08.89 | 05:40 min/km |
| 37 | 5 km | K2/8 |  [201] ANTONCZYK, Klaudia | | 0:28:41.73 | +0:10:28.44 | 05:44 min/km |
| 38 | 5 km | M5/2 |  [242] BIAŁECKI, Jan | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | 0:29:00.82 | +0:10:47.53 | 05:48 min/km |
| 39 | 5 km | M4/3 |  [239] KITA, Grzegorz | | 0:29:26.51 | +0:11:13.22 | 05:53 min/km |
| 40 | 5 km | K3/7 |  [211] KUCZERA, Hanna | | 0:30:36.51 | +0:12:23.22 | 06:07 min/km |
| 41 | 5 km | K2/9 |  [203] CIEŚLAR, Martyna | | 0:31:00.92 | +0:12:47.63 | 06:12 min/km |
| 42 | 5 km | M3/7 |  [232] KRYSTA, Łukasz | | 0:31:01.51 | +0:12:48.22 | 06:12 min/km |
| 43 | 5 km | K3/8 |  [248] KOSTKA, Karolina | | 0:33:45.34 | +0:15:32.05 | 06:45 min/km |